


## How can a caregiver re-enable text messaging after opting out?

If a caregiver previously opted out of texting but would now like to receive LENA texts, he or she must opt back in.

*Using the phone number associated with the caregiver in LENA, the caregiver should text the word START to the number below:*

**855-960-0731**

 Note: This "opt in" step allows the texting service to resume sending the LENA text messages. It does not re-send messages from the time period when the caregiver had opted out.